

TRANSFORMATION WITH NATURE

WALKING IN THE WILD

Oct 3rd - Oct.10th 2026 - COBOR / TRANSSILVANIA



,Walking in the Wild'

An extraordinary retreat and a unique opportunity to reconnect with your deeper nature - supported by the strengthening and transformative power of the Transylvanian wilderness.

"Those who will flow as life flows know they need no other force" - Lao Tzu

About the Journey

With Walking in the Wild we give ourselves an exceptional time-out — and a unique opportunity to return to what is essential within us, supported by the strengthening and transforming power of nature.

By reconnecting with ourselves, we touch that part within us which we often miss — or even experience as lost — in the density and complexity of daily life. We also know this part as our authentic self — associated with qualities such as inner clarity, calm, confidence, inspiration and a deep sense of connectedness.

Together with a small group, we go on a multi-day walking journey through the largely untouched nature and endless rolling hills of Transylvania.

Our walking together is, above all, a journey into our own wildness — our natural and authentic being — rather than a physical challenge. Our time on the trail is complemented by contemplation, simple practices and rituals in — and with — nature



What these seven days can offer

These seven days of conscious time, space and movement can support me to:

- take time out from everyday life and create space for reflection and orientation in what truly matters in my life
- become more aware of limiting habits and thought patterns – and let them go
- arrive in stillness, sharpen my awareness and connect with myself at a deeper level
- be with myself – and together with others experience the power of authentic presence
- strengthen myself inwardly and align with what is essential – as the foundation of true self-leadership

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For many years we have been working with reliable and deeply committed local partners (www.carpathia.org / <https://cobor-farm.ro>). They provide a safe framework for this week – including accommodation, nature guides, logistics for the overnight camps, and broad support for our journey.

Working in – and with – nature is essential because it reconnects us in a radical and life-affirming way. When we reconnect with nature, we also reconnect with ourselves, with other people, with the worlds we live and work in, and with life itself. From this grows a new quality of connectedness, vitality and effectiveness.

If you feel the call to step out of daily life and walk into wild nature – this retreat may be for you.

KEY FACTS

Saturday, 3 October – Saturday, 10 October 2026
Biological Farm Cobor/ Rumania (<https://cobor-farm.ro>)

Participation Fee:

€ 2.200 incl. 20% VAT (private participants)
€ 2.400 zzgl. 20% VAT (corporate/ professional)

The fee includes the retreat facilitation and all costs of being on the trail with tents. Travel expenses, as well as accommodation and meals on the Cobor Farm (3 nights), are not included. A reduction for private participants may be possible on request.

INFORMATION & REGISTRATION

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